



The Magic of Sage for Cooking and Health (Paperback)

By Dueep Jyot Singh, John Davidson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Magic of Sage For Cooking and Health Table of Contents Introduction How to Grow Sage Planting Sage Taking Care of Sage Pests Attacking Sage Harvesting and Storing Your Sage Leaves Sage as a Healer Sage Tooth Care Remedy Sage for Healing Cuts Sage for Hair Treatment Josna s Rosemary and Sage Hair-Conditioner Knowing More about Coconut Oil Massage oil How to make Infused Oils The Slow Sun Method How to Make Desi ghee (Clarified Butter) for Infusions Quick kitchen Method: Sage in Cuisine Traditional Onion and Sage Sauce Conclusion Author Bio Introduction Just imagine that you are living in ancient times in the Mediterranean area. Naturally, you do not have access to state-of-the-art medicine. So you are going to be using nostrums, lotions, potions, concoctions, decoctions and other remedies handed down from your ancestors and which are supposed to heal all your ailments. That means the next time you feel weak, exhausted, or just need something to perk you up, the woman of the house is going to feed you with Sage tea. After that, she is...



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